

Curriculum Vitae

Name: Sanjaya Kurmar Panda

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Educational Qualifications

Sl. No	Class	Institutions/University
1	10 th	Board of Secondary Education, Orissa
2	+2 (Arts)	CHSE, Orissa
3	Diploma in Yoga and Naturopathy	Parmarth Nature Cure Institute, Rishikesh, Uttarakhand
4	+3 (Arts)	Sambalpur University, Burla
5	Post Graduation in Yogic Science	Utkal University, Bhubaneswar
6	Diploma in Nutrition and Health Education	IGNOU, New Delhi
7	Ph.D. –Thesis submitted	Utkal University, Bhubaneswar
8	P.G.D in Food & Nutrition	DDCE, Sambalpur University
9	M. Sc.(DFSM) Contd.	IGNOU, New Delhi

Work Experience:

1. Assistant Director (April 2001 to June 2006)
Sarasvati Yoga Naturopathy Hospital and Research Institute,
Sarasvati Vihar, Barapada, Bhadrak,
(5 bedded Patients Care Center, CCRYN, Govt. of India, New Delhi)
2. Diet and Yoga Consultant (Jan and Feb 2008)
Heart Sanjeevani Center, Satana (Nashik), Maharashtra
3. Master Trainer - Council of Higher Secondary Education, Orissa
4. Resource Person- National Institute of Naturopathy, Pune, India
5. Dietician and Yoga Physician- (13 August 2008 to 30 June 2009)
S.S. Health Care and Solution, Cuttack, Odisha
6. Guest Faculty- Yoga and Nutrition (Contd.)
Utkal University, Bhubaneswar
7. Guest Faculty (Contd.)
Correspondence Study Centre, Deva Samskriti Visvavidyalaya, Haridwar
8. Guest Faculty : KIIT Science College, Bhubaneswar (Contd. From sept. 2011)

Research Papers Published:

In English

- i. Naturopathic and yogic management of obesity, Souvenir, National Institute of Naturopathy(NIN), Govt. of India, Pune, 2009
- ii. Comparative Study of Yoga and ayurveda, Foundation of Yoga, Utkal University, Bhubaneswar, Odisha, 2009

- iii. Natural Management of Osteoarthritis, *Nisargopachara Varta*, National Institute of Naturopathy, Pune, Jan 2012
- iv. Self Management of Osteoarthritis, Lokaprajna, SARASVATI, Barpada, Bhadrak, Odisha, Aug 2012

In Odiya

- i. *dainandina jivanare yogara prayoga*, 'Utkala Chetana', June 2002
- ii. *svathya: caritra o manobalara adhara*, 'Utkala Chetana', Aug 2002
- iii. *praktik cikitsya paddhati o siddhanta*, 'The Samaj', 17.12.2002, pp.6
- iv. *yoga ek samkhipta paricaya*, The Dharitri, 6.05.2004
- v. *dainandina jivanare yogara prayoga*, The Dharitri, 23.04.2004
- vi. *yogiswar samkara*, The Dhvani Pratidhwani, 30.04.2009
- vii. *ansughatara prakrutik chikitsa*, The Dharitri, 30.03.2015

Popular writings

In Odiya

- i. *visva santrasvada o bharata*, Triranga Sanskrutik Parisad, Cuttack, 2001, pp34
- ii. *durnitira sima*, 'Odisha Bhaskar', 4.04.2007, pp 7
- iii. *purva pidhi o para pidhi*, The paryavekshaya, Jan 2009